Baby Carrots School Pack, 100/2.6oz, Grimmway Farms 88139, VEG-RO

PER SERVING (1 Bag) 30 CALORIES 0.0g SAT FAT 60mg CARBS

Allergens:

Made With: Baby Carrots School Pack, 100/2.6oz, Grimmway

Farms 88139, VEG-RO

BACON CHEESEBURGER W/ROLL

PER SERVING (1 sandwich)					
_	18 ORIES	7.5 g SAT FAT	660mg SODIUM	32.6 _g CARBS	

Allergens: Contains Gluten, Milk, Wheat.

Made With: Beef, Flamebroiled Burgers, Cooked, 3 oz, Tyson,

6285-328, 3 MMA; Roll hamburger wheat #85 Morabito (Bread Hamburger Bun Wheat #85); CHEESE, AMERICAN, PASTEURIZED, PROCESS, WHITE, SLICED; BACON, TURKEY PREMIUM SLCD

FC

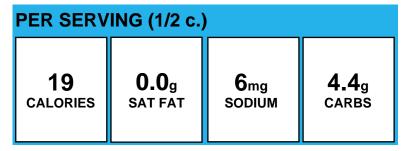
BEANS, BAKED BUSH

PER SERVING (1/2 c.)					
113	0.0 g	480mg	25.3 _g carbs		
CALORIES	SAT FAT	SODIUM			

Allergens:

Made With: Beans Vegetarian Bush's Best 39400-01637

Beans, green, cooked from frozen, whole or cut (french or sliced lengthwise), drained, without salt [100351, A070]



Allergens:

Made With: BEANS, GREEN, COOKED FROM FROZEN, WHOLE,

DRAINED, NO SALT

BENEFIT BAR, COCOA CHIP

PER SERVING (2 1/2 oz.)					
270	2.5 g	230 mg	47.9 _g carbs		
CALORIES	SAT FAT	SODIUM			

Allergens: Contains Egg, Milk, Soy, Wheat.

Made With: Benefit Bar, Cocoa Chip, 2.5 oz., J& J Snack

Foods Corp, 40406, WGR

Broccoli, Spears, No Salt Added, Frozen, USDA 110473, Veg-DG



Allergens:

Made With: Broccoli, No Salt Added, Frozen, USDA 110473,

Veg-DG

BUFFALO CHICKEN TENDER SANDWICH

PER SERVING (1 sandwich) 516 CALORIES SAT FAT 1353mg SODIUM 52.8g CARBS

Allergens: Contains Milk, Soy, Wheat.

Made With: CHICKEN TENDERS, TYSON 70332-928; ROLL,

STEAK #555 WGR; Removed in CN21 CHEESE, MOZZARELLA, LMPS, FROZEN, SHREDDED; Sauce,

Hot, 7 gram packet, Texas Pete

BURGER, DBL CHSBURGER

PER SERVING (1 sandwich)					
617	16.9 g	805 mg	37.3 _g CARBS		
CALORIES	SAT FAT	SODIUM			

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: BEEF PATTY, 2.40Z SILVER SPR (BEEF PATTY,

2.40Z SILVER SPR); Roll hamburger wheat #85 Morabito (Bread Hamburger Bun Wheat #85); CHEESE, AMERICAN, PASTEURIZED, PROCESS,

WHITE, SLICED

BURRITO W/FIXINS & SCOOPS

PER SERVING (1 burrito) 883 CALORIES 6.7g SAT FAT 713mg CARBS CARBS

Allergens: Contains Milk.

Made With: Corn, golden or yellow, whole kernel, cooked from

frozen, drained, without salt [100348, A130] (CORN, YELLOW, WHOLE KERNEL, COOKED FROM FROZEN, NO SALT); RICE, BROWN WG; SALAD

Lettuce, cos or romaine, raw (SALAD

LETTUĆE,COS OR ROMÁINE,RAW); Salsa, Mild Nutritionally Enhanced, Red Gold, REDSC99, Veg-RO; CHEESE CHEDDAR RF SHREDDED COMM 100012; BEANS, BLACK LOW SODIUM (BEANS, BLACK LOW SODIUM); Pork, Leg Roast, Frozen, USDA; Chips, Tortilla Baked! Tostitos Scoops, Frito

Lay, Pepsico, 42537, WGR

California Blend Vegetables

PER SERVING (3/4 Cup Cooked, Drained Vegetable)					
25	0.0 g	15 _{mg}	3.0 _g		
CALORIES	SAT FAT	sodium	CARBS		

Allergens:

Made With: Vegetable, California Blend, Frozen, Hanover,

28971, Veg-O

Calzone Three Cheese, Gilardi, 16272-20120, MMA, WGR, VEG-R/O

PER SERVING (1 calzone) 250 CALORIES 2.0g SAT FAT SODIUM 33.0g CARBS

Allergens: Contains Milk, Soy, Wheat.

Made With: Calzone Three Cheese, Gilardi, 16272-20120, MMA,

WGR, VEG-R/O

CEREAL, KELLOGG'S 60CT

PER SERVING (1 ea.)					
199	0.5 g	169 mg	45.1 _g carbs		
CALORIES	SAT FAT	SODIUM			

Allergens:

Made With: Frosted Mini-Wheats Bite Size Cup; Frosted Flakes

Cup; Krave Chocolate; Corn Pops Cup; Apple Jacks

Reduced Sugar Cup

CHEESESTEAK SANDWICH

PER SERVING (1 sandwich)					
389	6.4 g	735 mg	39.6 g		
CALORIES	SAT FAT	SODIUM	CARBS		

Allergens: Contains Milk, Soy, Wheat.

Made With: BEEF STEAK, FC SILVER SPRING (BEEF STEAK, FC

SILVER SPRING); ROLL, STEAK #555 WGR; STEAK SAUCE (Ketchup, Natural Low Sodium, Made With Sugar, 9 Gram Packets, Red Gold, REDYL9G; SUGARS,GRANULATED; VINEGAR,DISTILLED; Sugar, Brown Light Granulated, Monarch, 229745; Sauce, Worcestershire; Juice, Reconstituted Lemon, Bottled); Removed in CN21 CHEESE, MOZZARELLA,

LITE, FROZEN, SHREDDED

CHICKEN FRIES W/ROLL

PER SERVING (1 serv.) 366 CALORIES SAT FAT SODIUM 34.0g CARBS

Allergens: Contains Gluten, Soy, Wheat.

Made With: Chicken Fries WGR Tyson 70367-928 (Chicken Fries

WGR Tyson 70367-928); DINNER ROLL

W/MARGARINE (Copy of WW Cluster Dinner Roll;

MARGARINE PROMISE)

Chicken Fries WGR Tyson 70367-928

PER SERVING (7 piece)					
220	2.5 g	330mg	14.0 _g		
CALORIES	SAT FAT	SODIUM	CARBS		

Allergens: Contains Soy, Wheat.

Made With: Chicken Fries WGR Tyson 70367-928

CHICKEN NUGGETS W/ROLL

PER SERVING (1 serv.)				
285	2.5 g	596mg	27.0 _g carbs	
CALORIES	SAT FAT	SODIUM		

Allergens: Contains Egg, Gluten, Soy, Wheat.

Made With: Chicken, Homestyle Whole Grain Nuggets, Gold Kist

Farms, Pilgrim's Pride, 6153, MMA, WGR; DINNER ROLL W/MARGARINE (Copy of WW Cluster Dinner

Roll; MARGARINE PROMISE)

CHICKEN, CRISPY BREAST SANDWICH

PER SERVING (1 sandwich) 290 CALORIES 2.0g SAT FAT 720mg SODIUM 34.0g CARBS

Allergens: Contains Gluten, Wheat.

Made With: CHICKEN, CRISPY BREAST FILET (BARRY FOODS)

(CHICKEN, CRISPY BREAST FILLET (BARRY FOODS)); Roll hamburger wheat #85 Morabito

(Bread Hamburger Bun Wheat #85)

CHICKEN, HOT N SPICY CHICKEN SANDWICH

PER SERVING (1 sandwich) 429 CALORIES 2.5g SAT FAT 1047mg CARBS

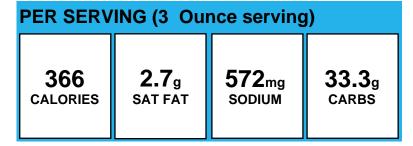
Allergens: Contains Gluten, Wheat.

Made With: CHICKEN, SPICY BREAST FILLET (BARRY FOODS);

Roll hamburger wheat #85 Morabito (Bread

Hamburger Bun Wheat #85)

CHICKEN, POPCORN W/ROLL



Allergens: Contains Gluten, Soy, Wheat.

Made With: CHICKEN, POPCORN TYSON ELEM (CHICKEN,

POPCORN TYSON); DINNER ROLL W/MARGARINE

(Copy of WW Cluster Dinner Roll; MARGARINE

PROMISE)

CHICKEN, SRIRACHA WING ON STEAK ROLL

PER SERVING (1 sandwich) 412 CALORIES 1.9g SAT FAT 703mg CARBS 53.9g CARBS

Allergens: Contains Milk, Wheat.

Made With: CHICKEN, SRIRACHA BONELESS WING (CHICKEN,

SRIRACHA BONELESS WING); ROLL, STEAK #555

WGR

CHICKENBURGER W ROLL GOLDKIST

PER SERVING (1 sandwich)					
400	3.0 g	570 mg	44.0 _g carbs		
CALORIES	SAT FAT	SODIUM			

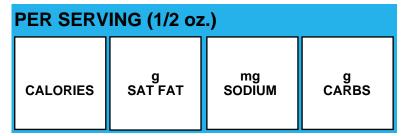
Allergens: Contains Gluten, Soy, Wheat.

Made With: CHICKENBURGER, ADVANCE (CHICKENBURGER,

ADVANCE); Roll hamburger wheat #85 Morabito

(Bread Hamburger Bun Wheat #85)

CHIPS, HERRS



Allergens: Contains Soy.

Made With: CHIPS, HERRS

CONDIMENTS

PER SERVING (1 ea.)					
65	0.5 g	282 mg	6.8 g		
CALORIES	SAT FAT	SODIUM	CARBS		

Allergens: Contains Egg, Milk, Soy.

Made With: Ketchup, Single Serve 9 g Packets, Red Gold Inc,

7294011581, REDY59G (Ketchup, Single Serve 9 g Packets, Red Gold Inc, 7294011581, REDY59G); DRESSING, RANCH SS 12GR (DRESSING, RANCH SS 12GR); PICKLES, CUCUMBER, SWT, LO NA (INCLUDES BREAD & DUTTER PICKLES); PIZZA SHAKE TOPPER (Cheese, Parmesan Grated, MMA (CHEESE, PARMESAN, GRATED); Spices, Oregano, Dried; GARLIC POWDER; ONION

POWDER; SPICES, OREGANO, DRIED;

PEPPER, BLACK; PARSLEY, DRIED); Sauce, Sweet

and Sour 1 oz Packets, Kraft Foods,

00210006721200 (Sauce, Sweet and Sour 1 oz Packets, Kraft Foods, 00210006721200); Removed in CN20 HONEY MUSTARD DIPPING CUP; Mayonnaise, Light Packet 12g, Heinz, 532050 (Mayonnaise, Light Packet 12g, Heinz, 532050); ONIONS RAW: MARGARINE PROMISE: Mustard

ONIONS, RAW; MARGARINE PROMISE; Mustard, Packet 5.5g, Heinz, 78000839 (Mustard, Packet

5.5g, Heinz, 78000839); PICKLE

RELISH, HAMBURGER

COOKIES, J&J BENEFIT 1.850Z RF WGR

PER SERVING (1 cookie)					
193	2.1 g	174 _{mg}	33.4 _g		
CALORIES	SAT FAT	sodium	CARBS		

Allergens: Contains Egg, Milk, Soy, Wheat.

Made With: COOKIE, CHOC CHIP, RF WGR 1.850Z; COOKIE,

CANDY 1.850Z RF WGR J& J; COOKIE, DBL

CHOCO 1.850Z RF WGR J&J

CORN DOG NUGGETS - TURKEY

PER SERVING (6 pieces) 365 CALORIES SAT FAT 620mg SODIUM 48.0g CARBS

Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Corn Dog, Whole Grain Chicken Nuggets, House of

Raeford, 20452, MMA, WGR; DINNER ROLL W/MARGARINE (Copy of WW Cluster Dinner Roll;

MARGARINE PROMISE)

Corn, golden or yellow, whole kernel, cooked from frozen, drained, without salt [100348, A130]

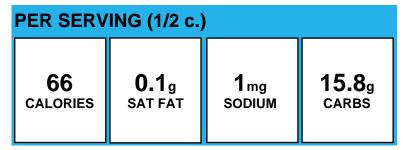


Allergens:

Made With: CORN, YELLOW, WHOLE KERNEL, COOKED FROM

FROZEN, NO SALT

Corn, golden or yellow, whole kernel, cooked from frozen, drained, without salt [100348, A130]



Allergens:

Made With: CORN, YELLOW, WHOLE KERNEL, COOKED FROM

FROZEN, NO SALT

CROISSANT STUFFED PEPPERONI PIZZA

PER SERVING (1 sandwich) 360 **7.0**_g 36.0_g 710_{mg} **CALORIES SAT FAT SODIUM CARBS**

Allergens: Contains Egg, Milk, Soy, Wheat.

Made With: CROISSANT STUFFED PEPPERONI PIZZA

croutons

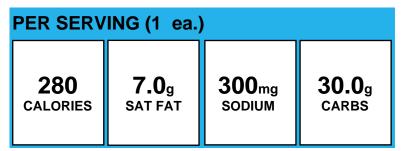
PE	PER SERVING (1/4 Ounce Bag)					
С	30	0.0 g	96mg	5.1 _g		
	CALORIES	SAT FAT	SODIUM	CARBS		

Allergens: Contains Gluten, Milk, Wheat.

Croutons, Fresh Gourmet Cube Seasoned .25 oz, Made With:

Sugar Foods Corporation, 74470, Non-WGR

DONUT, WG RAISED RING



Allergens: Contains Egg, Milk, Wheat. Made With: DONUT, WG RAISED RING

DRESSING, SALAD

PER SERVING (1 1/2 fl. oz.) 51 CALORIES O.5g SAT FAT SODIUM 9.5g CARBS

Allergens: Contains Egg, Fish, Milk, Soy.

Made With: DRESSING, RANCH LIGHT; Dressing, Caesar, Lite,

1.5 oz Pouch, Cains, 02100; DRESSING, ITALIAN FF 1.50Z; Dressing, Raspberry Vinaigrette FF SS, Ken's, KE06309; Dressing, French Fat-Free Pouch Shelf Stable, Ken's Foods Inc, KE0809B3

DUTCH WAFFLE

PER SERVING (1 ea.)					
300	3.0 g	350 mg	43.0 _g		
CALORIES	SAT FAT	SODIUM	CARBS		

Allergens: Contains Egg, Milk, Soy, Wheat.

Made With: Dessert, Dutch Waffle/Funnel Cake 51% Whole

Grain, 5" IW Frozen, J& J Snack Foods, 4521,

WGR

FIXIN'S, SANDWICH

PER SERVING (2 ounces)				
16	0.0 g	48 _{mg}	3.5 g	
CALORIES	SAT FAT	sodium	CARBS	

Allergens:

Made With: LETTUCE, ICEBERG (INCL CRISPHEAD TYPES), RAW;

Raw tomatoes; PICKLES,CUCUMBER,SWT (INCLUDES BREAD & DITTER PICKLES)

FRENCH FRIES, SPIRAL

PER SERVING (3 oz.) 150 CALORIES 1.0g SAT FAT 240mg CARBS

Allergens:

Made With: French fries, spiral, Mccain

FRUIT FRESH CHOICES WSD

PER SERVING (1 ea.)					
76 CALORIES	0.1 g	1 _{mg}	19.8 g		
	SAT FAT	sodium	CARBS		

Allergens:

Made With: Bananas, raw (BANANAS, RAW); Oranges, raw, all

commercial varieties, F (ORANGES,RAW,ALL COMM VAR); GRAPES,RED OR GRN (EURO TYPE,SUCH AS THOMPSON SEEDLESS),RAW; Apples, raw, with

skin, Fruit (APPLES, RAW, WITH SKIN)

FRUIT JUICE secondary

PER SERVING (1 ea.)					
91	0.0 g	12 _{mg}	23.0 _g		
CALORIES	SAT FAT	sodium	CARBS		

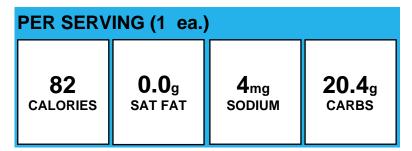
Allergens:

Made With: Juice, 100% Fruit, Capri Sun; Juice, Juice Bowl

Fruit Punch 100% 6.75 fl oz, Cutting Edge Beverages, 90115, F; SLUSHY WARWICK SD

(SLUSHY)

FRUIT, FRZN/CANNED CHOICES **WSD**

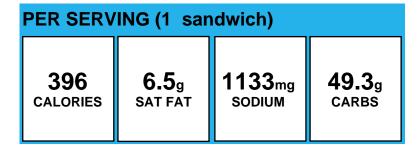


Allergens:

Made With:

PINEAPPLE TIDBITS; Applesause (APPLESAUCE STRAWBERRY; APPLESAUCE BLUE RASPBERRY; APPLESAUCE PLAIN CUP); Pears, bartlett, canned, sliced, fruit and juice; packed in unsweetened fruit juice, light syrup, lightly sweetened fruit juice(s) and water, lightly sweetened fruit juices, or unsweetened pear juice [100224, A433] (PEARS, BARTLETT, CANNED, SLICED, JUICE PACK); STRAWBERRY CUPS USDA; Mandarin oranges #10 can; TROPICAL FRUIT; Removed in CN21 Peaches, Canned, Clingstone, Diced, Extra Light Syrup; PEACH CUPS; CRAISINS I/W (CRAISINS I/W); RAISINS, UNSWEETENED

HAM AND CHEESE ON PRETZEL **ROLL SEC**



Allergens: Contains Milk, Soy, Wheat.

PRETZEL ROLL 2.7 OZ-non-WGR (PRETZEL ROLL Made With:

2.7 OZ-non-WGR); Turkey ham 100187; CHEESE,

AMERICAN, PASTEURIZED, PROCESS, WHITE,

SLICED

HOT DOG W/ROLL

PER SERVING (1 hot dog) 280 CALORIES 4.5g SAT FAT 650mg CARBS CARBS

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Bread, Wheat Hotdog, Morabito, 589, WGR; HOT

DOG 1452 BERKS CN

Hummus lunches

PER SERVING (1 serv.)					
432	1.3 g	475 _{mg}	56.7 _g carbs		
CALORIES	SAT FAT	sodium			

Allergens: Contains Wheat.

Made With: Hummus, roasted red pepper 3 oz Cup;

SUNFLOWER SEEDS 88090; Graham Crackers 3 ct Nabisco (Graham Crackers 3 ct Nabisco); Pretzel, Rold Gold Heartzels, SS, Frito-Lay, 15940, WG

MAC & CHS JTM W/ROLL

PER SERVING (1 serv.)					
388	6.9 g	961 mg	47.0 _g carbs		
CALORIES	SAT FAT	SODIUM			

Allergens: Contains Egg, Gluten, Milk, Wheat.

Made With: MAC& CHS, JTM RF, RS, ROLL (MACARONI

& amp; CHEESE, RF, RS); DINNER ROLL W/MARGARINE (Copy of WW Cluster Dinner Roll;

MARGARINE PROMISE)

MILK CHOICE

PER SERVING (8 fl. oz.) 118 CALORIES 0.3g SAT FAT 153mg CARBS 18.8g CARBS

Allergens: Contains Milk.

Made With: Milk, Fat Free Chocolate, TruMoo, Dean, MILK (Milk,

Fat Free Chocolate, TruMoo, Dean, MILK); Milk, 1% Lowfat, Plain Milk, White, Dean, Milk; Milk, Fat Free, Vanilla, TruMoo, Dean, MILK (Milk, Fat Free, Vanilla, TruMoo, Dean, MILK); Milk, Fat Free, Strawberry, TruMoo, Dean, MILK (Milk, Fat Free, Strawberry, TruMoo, Dean, MILK); Milk, Fat Free

Milk, Swiss Premium, MILK

MUFFIN, 40Z OTIS

PER SERVING (1 muffin)					
383	3.8 g	260 mg	62.3 g		
CALORIES	SAT FAT	SODIUM	CARBS		

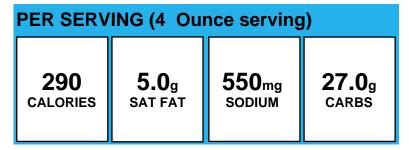
Allergens: Contains Egg, Milk, Soy, Wheat.

Made With: Muffin, Banana, Delicious Essentials, 4 oz, Otis

Spunkmeyer, 10148, WG; Muffin, Chocolate Chocolate Chip, Delicious Essentials, 4 oz, Otis Spunkmyer, 10149, WGR; Muffin, Wild Blueberry, Delicious Essentials, 4 oz, Otis Spunkmeyer,

10147, WGR

PEPPERONI PIZZA BREADSTICKS



Allergens: Contains Milk, Soy, Wheat.

Made With: PEPPERONI PIZZA BREADSTICKS

PINWHEELS - STEAK AND CHEESE

PER SERVING (1 ea.) 320 CALORIES 6.0g SAT FAT 730mg CARBS CARBS

Allergens: Contains Milk, Soy, Wheat.

Made With: PINWHEELS - STEAK AND CHEESE

Pizza Cheese Crunchers WGR MMA 65225

PER SERVING (2 piece) 210 CALORIES 4.5g SAT FAT SODIUM 21.0g CARBS

Allergens: Contains Milk, Wheat.

Made With: Pizza Cheese Crunchers Whole Grain, Rich's

Foodservice, 65225, WGR, MMA

PIZZA STIX - SCHWANS

PER SERVING (3 PIZZA STICKS)					
450	9.0 g	735 _{mg}	45.0 _g carbs		
CALORIES	SAT FAT	sodium			

Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: PIZZA STIX - SCHWANS

PIZZA STIX - SECONDARY W/DIPPING SAUCE

PER SERVING (1 serv.) 450 CALORIES 4.5g SAT FAT 1055mg CARBS 50.4g CARBS

Allergens: Contains Milk, Soy, Wheat.

Made With: Breadstick, Fit for Kids Plus MaxStix Cheese Filled

Whole Grain 1.95 oz, The MAX, ConAgra, 77387-12 (Breadstick, MaxStix Reduced Fat Mozzarella, Frozen, ConAgra Foods, 77387-12722, MMA, WG); Marinara Sauce, Plastic Dipping Cup 2.5oz, Red

Gold, REDNA2ZC84, Veg-RO

PIZZA, 4 MEAT

PER SERVING (1/8 slice)					
370	7.0 g	650 mg	36.0 g		
CALORIES	SAT FAT	SODIUM	CARBS		

Allergens: Contains Milk, Soy, Wheat.

Made With: PIZZA, 4 MEAT

PIZZA, BIG DADDY

PER SERVING (1 slice)					
400	9.0 _g	580 mg	43.0 _g carbs		
CALORIES	SAT FAT	SODIUM			

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Pizza, Big Daddy's Original, 16" Rolled Edge

Cheese, Schwan's Food Service Inc., 73142, MMA,

Non-WG

PIZZA, BUFFALO CHICKEN

PER SERVING (1/8 slice) 390 CALORIES 7.0g SAT FAT 750mg CARBS

Allergens: Contains Milk, Soy, Wheat.

Made With: PIZZA, BUFFALO CHICKEN

PIZZA, EGG & CHEESE

PER SERVING (1 slice)					
350	11.0 g	450 mg	25.0 _g carbs		
CALORIES	SAT FAT	SODIUM			

Allergens: Contains Egg, Milk, Wheat. **Made With:** PIZZA, EGG & Amp; CHEESE

PIZZA, MICKEY'S NON-WG

PER SERVING (1 slice)				
330	10.0 g	460 mg	28.0 _g	
CALORIES	SAT FAT	SODIUM	CARBS	

Allergens: Contains Milk, Wheat.

Made With: PIZZA, MICKEY'S NON-WG

QUESADILLA M&C

PER SERVING (4 7/8 oz.) 375 6.0g 390mg 47.0g CALORIES SAT FAT SODIUM CARBS

Allergens: Contains Egg, Milk, Soy, Wheat.

Made With: QUESADILLA M&C

Relish Tray

PER SERVING (5 oz.)				
34	0.1 g	68mg	7.9 g	
CALORIES	SAT FAT	SODIUM	CARBS	

Allergens:

Made With: CARROTS, BABY, RAW; CELERY, RAW;

CUCUMBER, WITH PEEL, RAW; PEPPERS, SWT, GRN, RAW

Roasted Cauliflower with Turmeric, Veg-O

PER SERVING (1/2 c.)				
55	0.7 g	150mg	3.1 g	
CALORIES	SAT FAT	SODIUM	CARBS	

Allergens:

Made With: CAULIFLOWER, CKD, BLD, DRND, WO/SALT;

OIL,SESAME,SALAD OR COOKING; OIL,OLIVE,SALAD OR COOKING; TURMERIC,GROUND; SALT,TABLE

ROLLS, CINNAMON 2.70Z BRKFST

PER SERVING (1 roll.) 230 CALORIES 1.5g SAT FAT 240mg CARBS 38.0g CARBS

Allergens:

Made With: ROLLS, CINNAMON 2.70Z

Salad Grilled Chicken

PER SERVING (1 ea.)				
480	7.4 g	777 _{mg}	53.8 _g carbs	
CALORIES	SAT FAT	SODIUM		

Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: SALAD LETTUCE, COS OR ROMAINE, RAW;

CHICKEN STRIPS, GRILLED; Tomatoes, red, ripe,

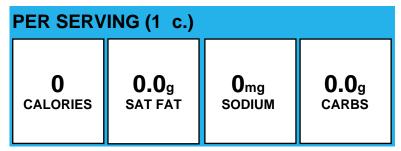
raw, year round average

(TOMATOES, RED, RIPE, RAW, YEAR RND AVERAGE); DINNER ROLL W/MARGARINE (Copy of WW Cluster Dinner Roll; MARGARINE PROMISE); TORTELLINI, CHEESE (TORTELLINI, CHEESE); CHEESE

CHEDDAR RF SHREDDED COMM 100012; GRAHAMS, SCOOBY DOO (Graham Cracker, Keebler Scooby-Doo Graham Cracker Sticks, Cinnamon, 1 oz, Kellogg's, 50689, WGR); Cucumber, with peel, raw (CUCUMBER, WITH

PEEL, RAW)

SALAD Lettuce, cos or romaine, raw



Allergens:

Made With: SALAD LETTUCE, COS OR ROMAINE, RAW

Salad Ribbon

PER SERVING (1 ea.) 365 CALORIES 5.0g SAT FAT 900mg CARBS

Allergens: Contains Egg, Gluten, Milk, Wheat.

Made With: SALAD LETTUCE, COS OR ROMAINE, RAW; DINNER

ROLL W/MARGARINE (Copy of WW Cluster Dinner Roll; MARGARINE PROMISE); Raw tomatoes; Turkey ham 100187; Eggs, Diced Eggs, Premium, Frozen, Sunny Fresh Foods, 40005, MMA; CHEESE CHEDDAR RF SHREDDED COMM 100012; Graham Crackers 3 ct Nabisco (Graham Crackers 3 ct

Nabisco)

Salad Southwest

PER SERVING (1 ea.)				
448	6.8 g	730 mg	36.3 _g carbs	
CALORIES	SAT FAT	SODIUM		

Allergens: Contains Milk, Soy, Wheat.

Made With: SALAD LETTUCE, COS OR ROMAINE, RAW;

CHICKEN, HOT N SPICY WGR 3.490Z; Tomatoes,

red, ripe, raw, year round average

(TOMATOES, RED, RIPE, RAW, YEAR RND AVERAGE); Salsa, Mild Nutritionally Enhanced, Red Gold, REDSC99, Veg-RO; CHEESE CHEDDAR RF SHREDDED COMM 100012; TORTILLA STRIPS -FRITO LAY (TORTILLA STRIPS - FRITO LAY)

Sandwich Hot Turkey bacon cheese on kaiser roll

PER SERVING (1 ea.) 308 CALORIES 2.5g SAT FAT 985mg CARBS 37.6g CARBS

Allergens: Contains Milk, Wheat.

Made With: Turkey Breast Sliced 846902 Nat'l Choice; Kaiser

Roll Morabito #163; BACON, TURKEY PREMIUM SLCD FC; CHEESE, AMERICAN, PASTEURIZED,

PROCESS, WHITE, SLICED

Sandwich Line Middle School

PER SERVING (1 sandwich)				
347	5.5 g	974 _{mg}	39.8 g	
CALORIES	SAT FAT	sodium	CARBS	

Allergens: Contains Milk, Wheat.

Made With: Sub Italian Secondary (ROLL, STEAK #555 WGR;

Sandwich Meat Italian Combo Meat Jennie-O (Turkey Italian ham pack 209612; Turkey Italian salami pack 209612; Turkey Italian Pepperoni pack 209612); CHEESE, AMERICAN, PASTEURIZED, PROCESS, WHITE, SLICED; SALAD LETTUCE, COS OR ROMAINE, RAW; Raw tomatoes); Sub Turkey and cheese Secondary (ROLL, STEAK #555 WGR; Turkey Breast Sliced 846902 Nat'l Choice; CHEESE, AMERICAN, PASTEURIZED, PROCESS, WHITE, SLICED; SALAD LETTUCE, COS OR ROMAINE, RAW;

Raw tomatoes)

Sauerkraut, Shred Canned, Monarch-D, 170108, Veg-O

PER SERVING (2 Tbsp.) 7 CALORIES 0.0g SAT FAT 240mg CARBS CARBS

Allergens:

Made With: Sauerkraut, Shred Canned, Monarch-D, 170108,

Veg-O

Seasoned Green Beans, Veg-O

PER SERVING (1/2 c.)				
42	0.4 g	158 _{mg}	6.1 _g	
CALORIES	SAT FAT	sodium	CARBS	

Allergens:

Made With: BEANS, SNAP, GRN, FRZ, CKD, BLD, DRND WO/SALT;

BEVERAGES, H2O, TAP, MUNICIPAL;

MARGARINE, REG, 80% FAT, COMP, STK, W/ SALT, W/

ADDED VITAMIN D; SUGARS, GRANULATED;

SALT, TABLE; PEPPER, BLACK

SUBWAY SANDWICH

PER SERVING (1 sandwich)				
142	2.2 g	482 mg	17.1 _g carbs	
CALORIES	SAT FAT	SODIUM		

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: SUBWAY CLUB; SUBWAY ROAST BEEF; SUBWAY,

TURKEY BREAST; SUBWAY, HAM; SUBWAY,

VEGGIE DELITE

TANGERINE CHICKEN W/RICE AND WGR ROLL

PER SERVING (1 serv.) 570 CALORIES 2.4g SAT FAT 835mg SODIUM 91.1g CARBS

Allergens: Contains Egg, Gluten, Soy, Wheat.

Made With: Brown Rice Pilaf WG (SOUP, STOCK, CHICK, HOME-

PREPARED; RICE, BROWN, LONG-GRAIN, RAW; ONIONS, RAW; Removed in CN20 PEPPER BLACK, GROUND); Chicken, Tangerine, Whole Grain, Green Dragon, Asian Food Solutions, 72001, MMA, WGR; DINNER ROLL W/MARGARINE (Copy of WW Cluster

Dinner Roll; MARGARINE PROMISE)

TURKEY MASHED POTATO BOWL W/BISCUIT

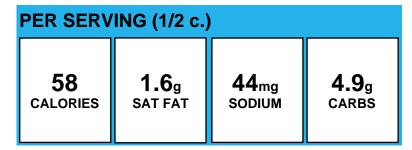
PER SERVING (1 serv.)				
516	7.1 g	1331 _{mg}	62.8 _g	
CALORIES	SAT FAT	sodium	CARBS	

Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: TURKEY W/GRAVY D/W (TURKEY W/GRAVY D/W);

POTATOES, MASHED (POTATOES, MASHED); CORN, YELLOW, WHOLE KERNEL, COOKED FROM FROZEN, NO SALT; BISCUIT (BISCUIT - 2B)

Vegetable, Broccoli Seasoned, Veg-DG



Allergens: Contains Soy.

Made With: BROCCOLI,FRZ,CHOPD,CKD,BLD,DRND,WO/SALT;

Margarine, Glenview Farms, 3719

Vegetable, Glazed Carrots, Veg-RO

PER SERVING (1/2 cup serving) 62 CALORIES 0.5g SAT FAT SODIUM 10.2g CARBS

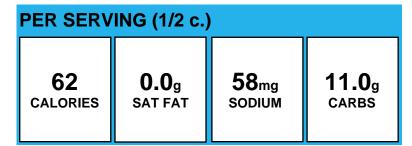
Allergens: Contains Soy.

Made With: CARROTS, BABY, RAW; Margarine, Mararine Solid

Parchment Ref Salted, Glenview Farms, 703496; Sugar, Brown Light Granulated, Monarch, 229745;

SALT, TABLE; Spices, Pepper, Black

Vegetable, Peas, Green, No Salt Added, Frozen, USDA Foods, 110763, VEG-S



Allergens:

Made With: Vegetable, Peas, Green, No Salt Added, Frozen,

USDA Foods, 110763, VEG-S

Vegetable, Seasoned Corn, Veg-S

PER SERVING (1/2 c.)				
98	1.7 g	35 _{mg}	15.8 g	
CALORIES	SAT FAT	sodium	CARBS	

Allergens: Contains Soy.

Made With: CORN, YELLOW, WHOLE KERNEL, COOKED FROM

FROZEN, NO SALT; Margarine, Glenview Farms,

3719

VEGGIE BURGER - MORNING STAR

PER SERVING (3 1/2 oz.) 343 **0.9**_q **823**mg **47.4**_g **CALORIES SAT FAT SODIUM CARBS**

Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Burger, veggie Patties; Bread Hamburger Bun

Wheat #85

VEGGIE BURGER, MORNING STAR

PER SERVING (1 sandwich)				
343	0.9 g	823mg	47.4 _g carbs	
CALORIES	SAT FAT	SODIUM		

Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Burger, veggie Patties; Roll hamburger wheat #85 Made With:

Morabito (Bread Hamburger Bun Wheat #85)

WALKING TACO w/ROLL **SECONDARY**



Allergens: Contains Gluten, Milk, Soy, Wheat.

TACO MEAT, CHICKEN (TACO MEAT - CHICKEN **Made With:**

TYSON); NACHOS BARREL OF FUN (NACHOS BARREL OF FUN); DINNER ROLL W/MARGARINE (Copy of WW Cluster Dinner Roll; MARGARINE PROMISE); CHEESE CHEDDAR RF SHREDDED

COMM 100012

WRAPS - MIDDLE SCHOOL

PER SERVING (1 wrap)				
442	6.9 g	917 _{mg}	44.1 _g	
CALORIES	SAT FAT	sodium	CARBS	

Allergens: Contains Milk, Soy, Wheat.

Made With: Wrap Hot and Spicy Chicken Secondary (Chicken,

Hot 'N Spicy, Whole Grain Patty, Tyson

Foodservice, 70314-928, MMA, WG; Tortilla Flour Whole Wheat 12"; Raw tomatoes; Removed in CN21 CHEESE, MOZZARELLA, LMPS, FROZEN, SHREDDED; Vegetable, Lettuce, Iceberg, Shredded, Markon, Veg-O (Vegetable, Lettuce, Iceberg, Shredded, Markon, Veg-O)); Wraps Grilled Chicken Secondary (Tortilla Flour Whole Wheat 12"; CHICKEN STRIPS, GRILLED; Removed in CN21

CHEESE, MOZZARELLA, LMPS, FROZEN,

SHREDDED; Raw tomatoes; Vegetable, Lettuce, Iceberg, Shredded, Markon, Veg-O (Vegetable, Lettuce, Iceberg, Shredded, Markon, Veg-O)); Wraps Turkey Secondary (Tortilla Flour Whole Wheat 12"; Turkey Breast Sliced 846902 Nat'l Choice; Vegetable, Lettuce, Iceberg, Shredded, Markon, Veg-O (Vegetable, Lettuce, Iceberg, Shredded, Markon, Veg-O); Removed in CN21

CHEESE, MOZZARELLA, LMPS, FROZEN,

SHREDDED; Raw tomatoes); Wraps Ham & Description (Tortilla Flour Whole Wheat 12"; HAM, FC, SLICED USDA; Removed in CN21

CHEESE, MOZZARELLA, LMPS, FROZEN, SHREDDED; Vegetable, Lettuce, Iceberg, Shredded, Markon, Veg-O (Vegetable, Lettuce, Iceberg, Shredded, Markon, Veg-O); Raw

tomatoes)

Yogurt parfait, sunflower seeds or string cheese, 1B snack bag

PER SERVING (1 ea.)			
268	2.1 _g	217 _{mg}	40.7 _g CARBS
CALORIES	SAT FAT	sodium	

Allergens: Contains Milk, Soy, Wheat.

Made With: Yogurt Parfait (Yogurt, Lowfat Vanilla 32 oz,

Yoplait, General Mills, 439000, MMA (Yogurt, Lowfat Vanilla 32 oz, Yoplait, General Mills, 439000, MMA); STRAWBERRY CUPS USDA; GRANOLA, NV OATS AND HONEY (GRANOLA, NV OATS AND HONEY)); Snack Bag elementary 1B (GRAHAMS, SCOOBY DOO (Graham Cracker, Keebler Scooby-Doo Graham Cracker Sticks, Cinnamon, 1 oz, Kellogg's, 50689, WGR); Removed in CN20 COOKIES, GRAHAM CRACKERS, CINNAMON, BUG BITES; Removed in CN20 SNACK MIX, ULTIMATE CHEDDAR; Granola, strawberry (Granola, strawberry)); SUNFLOWER SEEDS (SUNFLOWER SEEDS 88090); Cheese, Mozzarella String Cheese Stick, LMPS, Bongards, 40240, MMA