

# Warwick Middle School

# June 2019



**EZSchoolPay**.com

**SIMPLE, SAFE & SECURE**

**BREAKFAST**  
\$1.50  
Reduced  
\$0.00

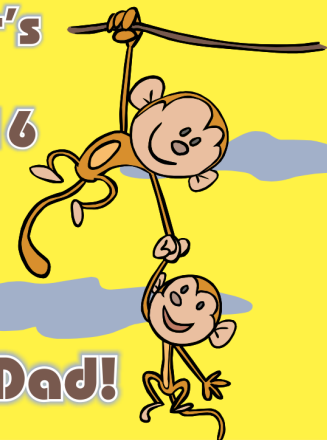
**LUNCH**  
\$ 2.75  
Warrior \$3.50  
.40 Reduced

Pay for meals on-line at **EZSchoolPay.com!**

**DON'T 4GET!**  
Take at least **ONE** **FRUIT** or **VEGGIE**  
and at least **THREE** items total  
so your meal counts as a complete lunch!

**Father's Day**  
**June 16**

**Hang out with Dad!**



This institution is an equal opportunity provider.



## AVAILABLE DAILY

All meals include (2) fruits, veggie and milk  
**MILK IS THE ONLY BEVERAGE INCLUDED W/ MEALS**  
Meals include choice of Fat Free Flavored, Fat Free White or 1% white

**\$2.75 Sandwich Bar** w/(2)fruits,veggie, milk  
Choices: Italian, turkey, ham & cheese subs, Veggie burger

**\$2.75 Hummus Lunch:** Hummus cup, pretzels, sunflower seeds, graham crackers, veggie, (2) fruits and milk

**\$2.75 Wrap** w/ veggie, (2)fruits, milk  
Choices: Turkey, ham, spicy chicken, and grilled chicken

**\$2.75 Salad** w/ (2) fruits and milk  
Choices: Southwest, Grilled chicken and Chopped Ribbon Chef

**\$3.50 Warrior entrée** w/ bag of Herr's chips, (2) fruits, veggie & milk


**MENU SUBJECT TO CHANGE**

**Assorted fruit basket may include:**  
*Applesauce, peaches, pears, apricots, raisins, strawberries, pineapples, craisins, mixed fruit, bananas, grapes, apples and 100% fruit juice slushy*




Monday, June 3	Tuesday, June 4	Wednesday, June 5	Thursday, June 6	Friday, June 7
#1 Pizza cheese crunchers	#1 Popcorn chicken w/dinner roll	#1 Cook's Choice Pizza Day	#1 Cook's Choice Chicken Day	#1 Chicken burger on roll
#3 Warrior: Hot turkey, bacon, cheese on Kaiser roll w/ chips	#3 Warrior: Create your own burrito bowl w/bag of scoops	#3 Warrior: Hot n' spicy chicken sandwich w/chips	#3 Warrior Sampler: Breaded Mozzarella sticks, breaded mini ravioli, onion rings	#3 Warrior: <b>SUBWAY FRIDAY</b> Variety of subs w/bag of Herr's chips
Broccoli	Corn	Roasted California blend	Peas	Baked Beans

**Monday, June 10**  
Middle School Picnic  
Hamburger or hot dog w/lettuce, tomato, onions, fruit, fruit juice, cookie,  
1/2 oz bag of chips and milk



**Tuesday, June 11**  
*Breakfast served*  
Last day for students



Lunch will not be served

**YOUR ASSIGNMENT**  
Have a GREAT summer! We'll see you in a few months!



**NUTRITION TO GO**  
The word "fajita" (pronounced "fa-he-ta") refers to a type of taco made with grilled meat. Originally, these tacos were made with a cut of beef we call skirt steak, which is known in Northern Mexico as "faja," (which means "belt" or "sash" in English). The first commercial fajita taco stand opened in Texas in 1969.

**A QUICK BITE FOR PARENTS**